

Caregiver Support Groups (in Person)

General:

UC Berkeley Eldercare Program (UC Berk faculty and faculty alumni):

<http://uhs.berkeley.edu/facstaff/care/eldercare/supportgroup.shtml>

UCSF Osher Center Mindfulness Dementia Care (San Francisco)

<http://www.osher.ucsf.edu/classes-and-lectures/meditation-and-mindfulness/mindfulness-based-dementia-care/>

General Caregiver Group (San Francisco) - Japanese speaking.

Meets monthly on 3rd Thursday at

Kimochi Office, 2nd Floor Conference Room

1715 Buchanan St, San Francisco, CA 94115

Fumiko DiDomizio, Case Manager or Sango Harumi, Social Services Coordinator @ 415-931-2275 or fdidomizio@kimochi-inc.org

Mild Cognitive Impairment (MCI)

For partners of people with MCI sponsored by UCSF & Alz. Association (San Francisco)

http://www.ucsfhealth.org/support_groups/memory_and_aging_disorders/index.html

Brain Injury:

Brain Injury Network of the Bay Area (Marin):

<http://www.mbin.org/resources/caregiving.php>

Dementia:

Alzheimer's Association (Northern California):

http://www.alz.org/norcal/in_my_community_support.asp

Frontal Temporal Dementia (San Francisco):

<http://memory.ucsf.edu/ftd/community-support/support/ftd/single>

The Memory Care Cafe (San Francisco):

<http://www.memorycarecafe.com>

Movement Disorders:

Deep Brain Stimulation, PD, Dystonia and Essential Tremor Support Group (Northern Ca.):

http://surgicalmovementdisorders.ucsf.edu/patients_and_families/support_groups

Huntington's Disease:

<http://www.hdsa.org/living-with-huntingtons/community-services/support-groups/ca.html> (California)

<http://www.wehaveaface.org/help4hd-supportgroups.html> (National & International)

Parkinson's Disease:

http://parkinsons.stanford.edu/cgr_support_groups.html

PSP/CBD/CBS/MSA (National):

<http://www.psp.org/support/>