

Project Meeting 1

10/6/18



MISCI Pilot for Creative Engagement

Atlantic Fellows

FOR EQUITY
IN BRAIN HEALTH

Agenda

Time	Item
15-30'	Introductions – what questions do you have for each other from reading your bios?
15-30'	For those not doing PhotoVoice, which prompts look good for our group?
15'	Remember to fit in a BREAK! Stretch, move around a little, shake something ☺
15-30'	<p>Is there a particular theme that would help focus our project? Some ideas include</p> <ul style="list-style-type: none">• Gratitude – what are we each grateful for and why?• Similarities and differences – what do we as a group have in common and what makes us each different, unique?• Change – how do we each feel about change? what changes have affected our lives so far? what changes would we like to see in our lives? in our world?• Health – what does health mean? when have we each felt most healthy?• Easy and difficult – what's easy for each of us and what's difficult?• Awe – what takes our breath away? what amazes each of us?
15-30'	<p>Summarize, Plan for next meeting, Check out</p> <p>What has the group agreed upon today?</p> <ul style="list-style-type: none">•• <p>Calendar check: Do we all have Saturday, 10/13 on our calendars? What time (2-hour window) and where will we meet?</p> <p>What will we try to accomplish at Meeting 2?</p> <ul style="list-style-type: none">•• <p>What do we need to prepare ahead if anything?</p> <p>Check out: Ask each person to say</p> <ol style="list-style-type: none">1. What went well today?2. What would we like to do differently at the next meeting if anything?3. What are you grateful to your partners for?